

# KCB

KYLE C. BECKER

AUTHOR . SPEAKER . LIFE COACH



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**Author, Inspiring Speaker,  
Certified Life Coach, and  
Certified NLP Master Practitioner**



# Meet Kyle

*“Your current life is a direct result of your past beliefs, fears, thoughts, emotions, habits and behaviors.”*

—Kyle C. Becker

Kyle C. Becker learned the hard way that life doesn't give us what we want, it gives us what we are. If we want our lives to change, we must first change ourselves. If we want something different, then we must be different. If we want more, we must first become more.

After fighting alcoholism, a disease that has taken countless lives and ruined millions of others, Kyle knew he needed to be willing to change everything about himself to survive. He hit rock bottom.

He was willing to do whatever it takes not to be that man any longer. To not live that life. To not die that death. He read hundreds of books, listened to numerous audiobooks and podcasts, and watched seminars and documentaries that would change his life. He attended thousands of support group meetings and meditated for hours and hours.

Years later, as a certified life coach and a certified NLP master practitioner, he studied hypnosis and the subconscious mind, always trying to gain that little extra understanding of how he could live the life he wanted to live.

The tools and techniques now presented in his inspiring book *Your Power to Change* have helped him live a life free of fear and full of purpose and prosperity. These techniques did not only help him to survive, but they also allowed Kyle to thrive at a level he never thought was possible. Every day is a celebration. Every moment is an opportunity. Take that chance and change your life, too.

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## **KYLE'S MISSION**

To be an instrument of love, light, peace, joy, serenity, hope, and faith in the lives of all those I meet and think of. I will love others. I will help others. I will serve others. Happily. Humbly. Gratefully.

# Why Book Kyle As Your Guest?

With the struggles facing many of us in our day to day lives, we seek processes to help improve our wellbeing. In *Your Power to Change*, Kyle shares tools and techniques on how to live a life free of fear and full of purpose and prosperity. While Kyle routinely delivers tailored content, his most popular topics and questions are listed below.

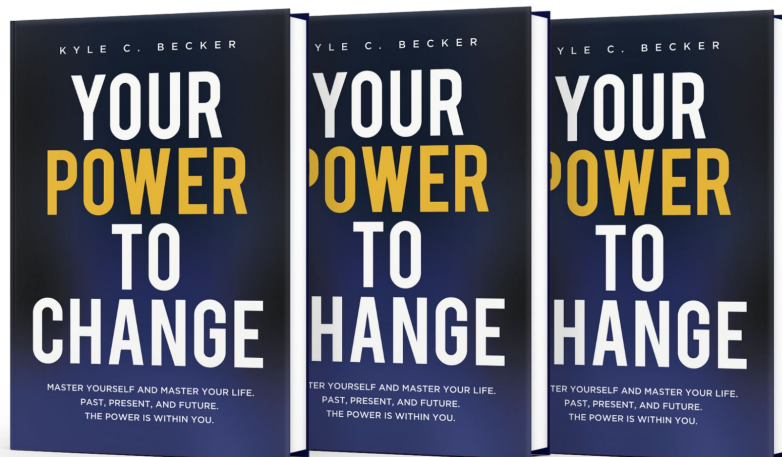
## SUGGESTED DISCUSSION TOPICS

- **The Path to Self-Mastery and Transformation:** Explore Kyle's personal journey of battling alcoholism, reaching the point of surrender, and ultimately transforming his life. Discuss the pivotal moments and experiences that led to his decision to change and how those experiences informed the content and techniques in his book.
- **Unlocking Inner Potential and Self-Improvement Techniques:** Dive into the practical aspects of *Your Power to Change*. Discuss the key concepts and techniques presented in the book, such as Neuro-Linguistic Programming (NLP), visualization exercises, and Timeline Cleansing. Learn how these tools can empower readers to harness their inner potential and intentionally shape their lives.
- **The Art of Intentional Living and Mastering Life:** Focus on the second part of the book, "Master Your Life," and discuss the significance of living life with intention and purpose. Explore how readers can turn their thoughts into tangible reality, create ideals for different facets of their lives, and consciously shape their future. Investigate the importance of embracing the journey and evolving into the best version of oneself.

## SUGGESTED DISCUSSION QUESTIONS

- Tell us a little bit about yourself, your background, and the journey that led you to become an author and life coach. Was there a specific moment or experience that served as the catalyst for writing *Your Power to Change*?
- Writing a book often involves deep introspection. Can you share how the process of writing *Your Power to Change* transformed your own life and perspective on self-mastery?
- Your opening statement, "Life doesn't give us what we want. It gives us what we are," sets the tone for your book. Could you delve into the deeper meaning of this idea and how it relates to personal transformation?

- Your book vividly describes your battle with alcoholism. Can you share more about the turning point when you decided to confront your addiction and the pivotal moments that led to that decision?
- Fear is a significant theme in your book. Can you elaborate on the role fear plays in hindering personal growth and how your book helps readers address and overcome their fears?
- You mentioned the importance of being "willing to change everything." Could you elaborate on what it means to change everything, both in your personal experience and in the context of your book?
- You mention a combination of techniques, including Neuro-Linguistic Programming (NLP) and visualization exercises, describing the book as offering tools to help readers "become the master of themselves." Can you share a specific technique or tool readers can expect to find in your book that empowers them in this regard?
- Your book encourages readers to start a Power to Change journal. How does journaling enhance the self-transformation process, and what should readers focus on when using this journal?
- *Your Power to Change* is divided into two parts: "Master Yourself" and "Master Your Life." What inspired this division, and how do these two parts work together to guide readers on their path to self-mastery and life mastery?
- The book's ultimate message is that all the power we need lies within us. How does your book help readers tap into this inner power, and what advice would you offer to those who are ready to begin their journey of self-mastery and personal growth?



# YOUR POWER TO CHANGE



**MASTER YOURSELF AND MASTER YOUR LIFE.  
PAST, PRESENT, AND FUTURE.  
THE POWER IS WITHIN YOU.**

Embark on an inspiring journey of personal transformation with *Your Power to Change*. This empowering book is your roadmap to unlock your inner potential and craft the life you've always envisioned.

Within these pages, you will uncover methods to gain deliberate control over your fears, beliefs, thoughts, emotions, habits, behaviors, and responses to life. The book will lead you through the process of acknowledging your fears and limiting beliefs, igniting an unwavering desire to conquer them.

Follow the author's journey of growth and evolution as he underscores the importance of confronting challenges and embracing discomfort. Learn the profound art of surrender—a pivotal moment where you commit to revolutionizing your life, liberating yourself from the confines of your former self.

This book is divided into two parts, offering a comprehensive pathway to self-mastery and life mastery. In Part One, you will triumph over fear, ignite a potent desire for change, and free yourself from past entanglements. Develop resourceful behaviors, shape your ideal self, and harness the transformative power of Timeline Cleansing and Timeline Reimprinting.

In Part Two, you'll master the art of intentional living, transforming your thoughts into tangible reality. Craft ideas for every facet of your life and devise actionable plans to manifest your dreams, relish every moment of your journey, uncover your core beliefs, and evolve into the finest version of yourself.

*Your Power to Change* places the tools for self-transformation and life enhancement firmly in your hands. The message is unequivocal: the power to create the life you desire resides within you. Are you ready to elevate your personal growth and life to unprecedented heights? This book is your trusted companion, brimming with practical worksheets and exercises.

Embark on your transformational journey today and take hold of the reins of your destiny with *Your Power to Change*.

# YOUR POWER TO CHANGE

**TITLE** – Your Power to Change

**SUBTITLE** – Master Yourself And Master Your Life. Past, Present, And Future. The Power Is Within You.

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**HARDCOVER** – \$22.99- \$29.99

**ELECTRONIC** – \$6.99 - \$12.99

## AMAZON – [Your Power to Change](#)

*Retailers may purchase through Ingram globally.*

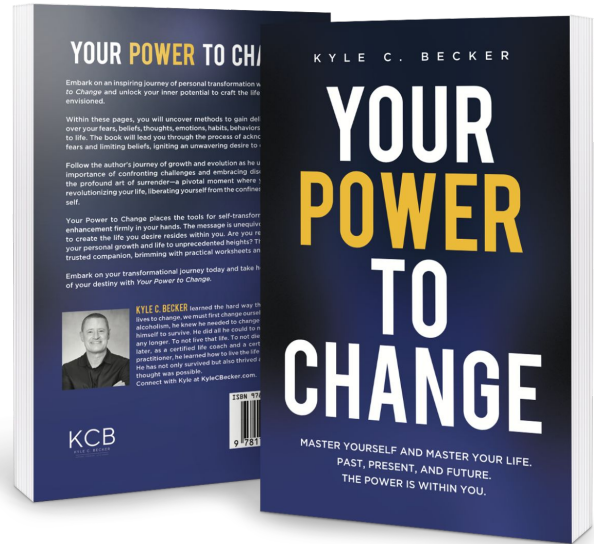
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*"An empowering guide filled with techniques to overcome one's deepest fears." — Kirkus Reviews*

*"For individuals seeking transformative life changes, this book is an invaluable resource."*

— OnlineBookclub.org

*"For those committed to applying these techniques, 'Your Power to Change' promises authentic and lasting transformation." — Blueink Review*

*"Becker's emphasis on imagination techniques and self-meditation equips you to surmount any obstacle in your path." — IndependentBookReview.com*